

Wake Up Pray Up Boss Up® Podcast

Episode 56: Declutter Your Life: Making Room for God to Move

Sometimes the reason you can't hear God clearly isn't because He's silent. It's because your life is full.

Full of stuff. Full of commitments.

Full of noise. Full of attachments that once made sense but no longer align.

Decluttering isn't just about organizing your home. It's about creating spiritual space.

Click 1 – Wake Up: Notice What's Taking Up Space

Clutter isn't always obvious.

Sometimes it's a pile in a room.

Sometimes it's a calendar that never breathes.

Sometimes it's a relationship you've outgrown.

Clutter is anything that takes up space in your life without aligning with who God is calling you to be now.

Reflection

- What feels heavy in my life right now?
- What am I holding onto that I haven't actually needed?
- Where do I feel crowded, physically, emotionally, or spiritually?
- -----

Action

Write down one area of your life that feels crowded or misaligned.
Awareness is the first step toward freedom.

Click 2 –Pray Up: Ask God Where Detachment Is Needed

Letting go is rarely comfortable.

But God never removes something to punish you; He removes to free you.

Not everything must go.

But some things do.

Reflection:

- What am I afraid will happen if I let this go?
- What might God be trying to replace or restore?
- Is this attachment bringing peace or pressure?

Challenge:

Pray this daily for one week:

“God, show me what I’m clinging to that’s keeping me from You and give me the courage to release it.”

Click 3 –Boss Up: Create Space on Purpose

Decluttering your life doesn’t require a dramatic overhaul. It requires intentional movement. Space is created one decision at a time.

One drawer.
One conversation.
One “no.”
One release.

When you create space intentionally, you send a message to heaven:

“I’m ready for what’s next.”

Reflection

- What is one thing I can release this week?
- Where can I simplify instead of accumulate?
- What would my life feel like with more breathing room?

Challenge

Before this week ends, clear one physical or emotional space. Not perfectly. Not dramatically. Just intentionally.

Ready to stop living crowded and start living aligned?

The *Wake Up Pray Up Boss Up*® Coaching Membership is for women who are ready to simplify, realign, and make intentional room for what God is doing next.

Inside, we focus on:

- *Clearing mental and emotional clutter*
- *Building faith-centered daily rhythms*
- *Aligning your health, habits, and calling*
- *Living lighter, clearer, and more intentional*

This isn't about owning less.

It's about living with more peace, more purpose, and more space for God to move.

Join the waitlist at margiruiz.com/waitlist and be the first to know when the door opens.

