

Wake Up Pray Up Boss Up® Podcast

Episode 21: Faith, Friendship & Your Inner Circle: Who's Carrying Your Mat?

Today, we're diving into a powerful story from **Mark 2:1-12**—the story of a paralyzed man whose friends climbed on a roof, made a hole, and lowered him down to Jesus.

- **Why?** Because they refused to leave him behind.
- **Here's the question:** Who's carrying **YOUR** mat?

Let's reflect, pray, and take action together!

Step 1: Wake Up – Take Inventory of Your Circle

1 Who are the five people you spend the most time with? Write their names down.

1. _____
2. _____
3. _____
4. _____
5. _____

2 Are they pushing you closer to your purpose, or pulling you away from it? Be honest.

Reflect on Proverbs 13:20: "Walk with the wise and become wise, for a companion of fools suffers harm."

How has your circle influenced your choices and growth?

Step 2: Pray Up – Ask God to Show You Who Your Roof-Climbers Are

1 Have you ever held onto relationships that no longer serve your spiritual growth? Why?

2 Ask God:

- Who is my community in this season?
- Who do You want me to link arms with?

Your Challenge:

Pray this week for God to reveal the people who will strengthen your faith and purpose.

Step 3: Boss Up – Be the Friend Who Carries the Mat

Think about your friendships. Are YOU a mat-carrier?

Mark 2:5 says:

“When Jesus saw THEIR faith, He said to the paralyzed man, ‘Son, your sins are forgiven.’”

How can you strengthen your faith and be a true friend who carries others to Jesus? _____

Your Challenge:

Reach out to one person this week and encourage them. Be their mat-carrier!

Final Reflection:

✨ **Who needs this message? Share this worksheet or the podcast episode with them.**

🙏 **Pray for discernment: Ask God to help you surround yourself with the right people and be a light to others.**

🚀 **Take action: Join a faith-filled community that uplifts and supports you!**

-
-
- **Want to grow deeper? *The Wake Up Pray Up Boss Up® Coaching Membership* is opening soon!**
 - **Join the waitlist at margiruiiz.com/waitlist for a community that will walk beside you.**

God bless, Margi 💙

