

# Wake Up Pray Up Boss Up® Podcast

## Episode 10: Ready, Set, Go! Create Your Best Year Yet!

1. Reflect on the Past Year
What's one success or accomplishment you're proud of from 2024?
Think of a moment when you felt aligned with your values or made progress toward a meaningful goal.
My Success:
How did you celebrate it? (Be honest!):
2.Set a Clear Vision for 2025
"Where there is no vision, the people perish." — Proverbs 29:18
What's ONE specific goal you want to achieve this year?
My Goal for 2025:
Why does this goal matter to me?



#### 3.Create an Action Plan

"Commit your work to the Lord, and your plans will be established." — Proverbs 16:3

What's the FIRST action step you can take toward this goal? First Action Step:

What will I do by the end of this month to move closer to this goal?

Monthly Action:

## 4. Find Accountability

"The future depends on what you do today."

— Mahatma Gandhi

Who will hold you accountable for your progress this year?

My Accountability Partner:

#### Challenge for 2025:

Take one bold action this week toward a goal you've been putting off. No excuses—just trust God and move!



## Want to dive deeper with purpose?

"I'm so excited to share that my coaching membership launches on January 10th! This membership is designed to help you prioritize your physical and mental health, align your life with your values, and boldly step into God's calling for your life. If you're ready to stop the overwhelm and start living with intention, this is for you. Stay tuned for more details!"

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